

Consider planned activities and all needed supplies to be best prepared, here are a few suggestions:

SLEEPING

- O Pillow
- O Sleeping Bag/Twin** Sheets & Blanket
- O Pajamas (presentable among cabin-mates)
- O Eye Mask

QUIET TIME

- O Bible
- O Journal/notebook
- O Favorite pen
- O Christian Literature Book

MISCELLANEOUS

- O Sunscreen
- O Insect Repellant
- O Cap/Sunhat
- O Sunglasses
- O Glasses/case
- O Small backpack
- O Refillable water bottle
- O Bandaids
- O Flashlight
- O Swim towel
- O Playing cards/Uno for cabin time

ESSENTIALS

- O Signed Waiver/Photo Release
- O Additional required forms (if applicable)

CLOTHING

- O Modest, comfy, weather-appropriate clothing
- O Good walking shoes / socks
- O Hoodie/jacket/pants for cool evenings
- O Modest swimwear & cover (Check Dress Code)
- O Swim shoes (for creek exploring)
- O Appropriate undergarments

TOILETRIES

- O Toothpaste/Toothbrush/Floss
- O Skin care (cleanser/moisturizer)
- O Lotion
- O Lip Balm (spf)
- O Deoderant/Antiperspirant
- O Shampoo/Conditioner
- O Body soap/wash
- O Bath Towel/washcloth or bath pouf
- O Hair comb/brush/hair ties
- O Contacts/solution
- O Medication/vitamins (check medication policy)
- O Other hygiene items as needed

CELL PHONE use should be limited. For 6 MILE led camps, cell phones are not permitted in cabins. SNACKS are permitted, but must be completely cleared from cabin (don't forget under beds) before check-out.

** In Ministry Cabins or Guest House Cabin there are larger beds, check your group's sleeping arrangements for sheet size, or bring sleeping bags.